



SOUTH CHADDERTON METHODIST CHURCH



Celebrating God's Love, Connecting with Jesus and Caring for Chadderton and beyond

3rd September 2017 – Covenant Service – Ian Heath

one thing.

“Forget the former things; do not dwell on the past.

See I am doing a new thing! Now it springs up; do you not perceive it?
I am making a way in the wilderness and streams in the wasteland.” (Isaiah 43:18-19 NIV)

But seek first his kingdom and his righteousness, and all these things will be given to you
as well. (Matthew 6:33 NIV)

1. WHAT ONE THING DO YOU **DESIRE** FROM GOD?

One thing I ask of the Lord, this is what I seek: that I may dwell in the house of the Lord all the days of my life, to gaze upon the beauty of the Lord and to seek him in his temple.
(Psalm 27:4)

2. WHAT ONE THING DO YOU **LACK**?

Jesus looked at him and loved him. “**One thing you lack.**” he said. “Go, sell everything you have and give to the poor, and you will have treasure in heaven. Then come, and follow me.”
At this the man's face fell. He went away sad, because he had great wealth.
(Mark 10:21-22)

3. WHAT ONE THING DO YOU NEED TO **LET GO**?

Brothers, I do not consider myself yet to have taken hold of it. **But one thing I do: Forgetting what is behind** and straining toward what is ahead, **I press on** toward the goal to win the prize for which God has called me heavenward in Christ Jesus.
(Philippians 3:13-14)

4. WHAT ONE PROMISE DO YOU NEED TO **CLAIM**?

This **one thing I know: God is for me!** I am trusting in God – oh, praise his promises! I am not afraid of anything mere man can do to me! Yes, praise his promises.
(Psalm 56:9-11 TLB)

GOD PROMISES

- to meet every need you have from his riches. (*Philippians 4:19*)
- you won't be tempted beyond what you can handle. (*1 Corinthians 10:13*)
- to forgive all your sins. (*Ephesians 1:7, 1 John 1:9*)
- to make everything work for your good. (*Romans 8:28*)
- to never leave you or forsake you. (*Hebrews 13:5*)
- to be your ever present help in trouble. (*Psalms 46:1*)
- to give strength to the weary and power to the weak. (*Isaiah 40:29*)
- to guide you and give you direction. (*Psalms 32:8*)
- to give you a peace that goes beyond your understanding. (*Philippians 4:7*)
- to give you power to defeat Satan. (*James 4:7*)
- nothing will separate you from God's love. (*Romans 8:39*)
- you are more than conquerors. (*Romans 8:37*)
- to give you eternal life through Christ. (*John 10: 27-28*)

Follow Up Questions

Read **Isaiah 43:18-19** and **Matthew 6:33**.

These verses encourage us to focus on God and the things He wants to do in our life.

Q *How do you think changing your focus from 'good intentions' to 'God intentions' will help you make more lasting commitments?*

Read **Psalms 27:4**.

In this verse David asks God for the one thing he desired most.

Q *What one thing do you desire from God?*

Think about the struggles you have had in the past with taking steps to this one thing.

Q *What's the difference between desiring something from God?*

Read **Mark 10:21-22**.

In this verse, Jesus tells a man what one thing he lacks.

Q *What one thing do you lack to move forward with God?*

Jesus named the one thing for the man in the verse and he still didn't do it.

Q *How will you go about obtaining the one thing?*

Read **Philippians 3:13-14**.

In this verse Paul tells us to let go of the past to focus on our future.

Q *What one thing do you need to let go?*

Q *What from your past seems to be holding you back?*

Q *How are you going to let it go?*

Read **Psalms 56:9-13**.

David holds to this one promise to get rid of the fears he faced

Q *What's one promise you need to claim?*

Review the list of **GOD'S PROMISES**

Q *What's the one you need to hold onto to move forward with your walk with God?*

Prayer

There's only one thing to pray for this week – simply ask God what your *one thing* is.

Spend time in prayer this week seeking Him for steps to take and strength to follow through on your commitment.

Action

Once you know the *one thing* God is leading you to do, get a stack of post-it notes and make

some reminders. Make this *one thing* more than just a good intention by surrounding yourself with a great support system. Stick reminders around your home, in your car, or at work. Give them to friends to remind them to pray for you and ask you about your progress.



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Ian Heath
2nd September 2017